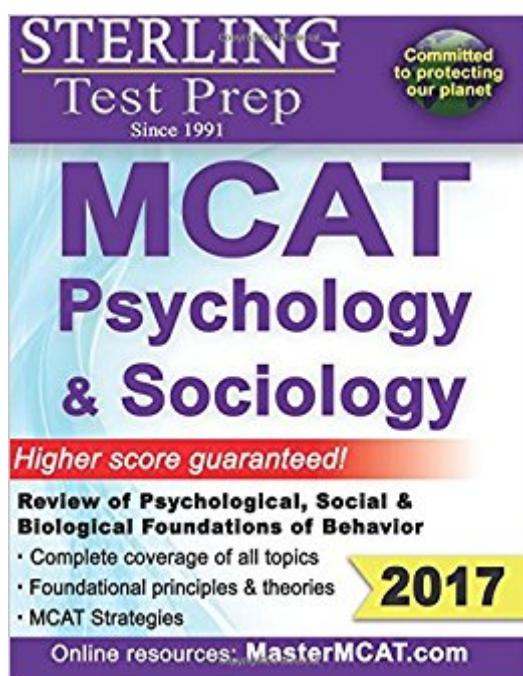


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# Sterling Test Prep MCAT Psychology & Sociology: Psychological, Social & Biological Foundations Of Behavior - Review



## Synopsis

MCAT Psychology & Sociology bestseller! Our preparation materials are guaranteed to increase your MCAT score. This MCAT Psychology and Sociology book provides a detailed and thorough review of topics tested on the MCAT 2017. The content of this review book is organized into fifteen knowledge areas and is centered around all tested topics, concepts and psychological theories to provide test-takers with targeted material that covers foundational principles and theories of the "Psychological, Social and Biological Foundations of Behavior" section of the MCAT.

History and approaches  
Research methods  
Biological bases of behavior  
Sensing the environment  
Behavior change  
Cognition: making sense of the environment  
Emotions: responding to the world  
Individual influences on behavior  
Self-concept and self-identity  
Psychological disorders  
Social processes and behavior; social thinking  
Social interactions and self-presentation  
Society and understanding social culture  
Demographic characteristics and processes within society  
Social inequality

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## Customer Reviews

This MCAT Psychology and Sociology book provides a detailed and thorough review of psychology

and sociology topics tested on the MCAT 2017. The content of this review book is organized into fifteen knowledge areas and is centered around all relevant topics, concepts and psychological theories tested on the MCAT to provide test-takers with targeted material that covers foundational principles and theories of the "Psychological, Social and Biological Foundations of Behavior" section of the MCAT. The information is presented clearly and organized in a systematic matter to provide students with targeted MCAT Psychology and Sociology review tool. You can focus on one knowledge area or sub-topic at a time to learn and fully comprehend important concepts and theories, or to simply refresh your memory of MCAT psych. This book can be used for learning of the material prior to MCAT psychology questions or MCAT psychology practice. The content is developed and edited by highly qualified psychology and sociology instructors, researchers and clinicians. It was reviewed and organized by our MCAT editors to ensure strict adherence to the topics and skills outlined by the AAMC for the redesigned MCAT. Our MCAT editors possess extensive credentials, are educated in top colleges and universities and have been admitted to medical school with stellar MCAT scores. They are experts on teaching, preparing students for the MCAT and have coached thousands of premeds on admission strategies.

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MCAT: Psychological, Social and Biological Foundations of Behavior A Complete Outline of Tested Topics A MCAT Strategies A Chapter 1. A History and Approaches A History of Psychology A Theoretical Approaches in Explaining Behavior A Subfields in Psychology A Chapter 2. A Research Methods A Types of Research A Statistics A Ethics in Research A Chapter 3. A Biological Bases of Behavior A Effects of the Nervous System on Behavior A Effects of the Endocrine System on Behavior A Behavioral Genetics A Influence of Genetics and Environment on the Behavior A Human Physiological Development A Chapter 4. A Sensing the Environment A Sensation A Sensory Receptors A Hearing A Vision A Other Senses A Perception A Chapter 5. A Behavior

Change → Classical Conditioning → Operant Conditioning → The Role of Cognitive Processes in Associative Learning → Biological Processes That Affect Associative Learning → Animal Behavior → Observational Learning → Chapter 6. → Cognition: Making Sense of the Environment → Attention → Cognition → Consciousness → Memory → Language → Intelligence → Chapter 7. → Emotions: Responding to the World → Emotion → Stress → Chapter 8. → Individual Influences on Behavior → Personality → Motivation → Attitudes → Theories of Attitude and Behavior Change → Chapter 9. → Self-Concept and Self-Identity → Self-Concept, Self-Identity; Social Identity → Formation of Identity → Self-Presentation and Interacting with Others → Chapter 10. → Psychological Disorders → Understanding Psychological Disorders → Types of Psychological Disorders → Biological Bases of Nervous System Disorders → Formation of Identity → Self-Presentation and Interacting with Others → Chapter 11. → Social Processes and Behavior; Social Thinking → How the Presence of Others Affects Individual Behavior → Group Decision-Making Processes → Normative and Non-Normative Behavior → Attributing Behavior to Persons or Situations → Processes Related to Stereotypes → Prejudice and Bias → Chapter 12. → Social Interactions and Self-Presentation → Social

Behavior → Discrimination → Elements of Social Interaction → Chapter 13. → Society and Understanding Social Culture → Theoretical Approaches → Social Institutions → Culture → Chapter 14. → Demographic Characteristics and Processes within Society → Demographic Structure of Society → Demographics Shifts and Social Change → Chapter 15. → Social Inequality → Spatial Inequality: Sensation → Social Class → Disparities → Appendix → Important Figures in Psychology and Sociology → Glossary of Terms

As a science major, I needed a good source for learning more about psychology and sociology for the MCAT. This book was comprehensive and understandable. I benefited from the presentation of the concepts and gained a familiarity with the concepts and have mastered the important components of the subject. I learned a lot from using this book. My understanding of the topic improved and I can now respond to questions with both confidence and proficiency. I told several of my friends about this book and they also had a positive experience by using it.

Great content review for psychology and sociology. I like the book. It was full of important concepts in an easy to follow format. Learned a lot about material for this section of the MCAT. I read and reviewed the book twice and I feel much better prepared with the material. A great source of this important topic for the MCAT. This book was a great investment of my time and money.

I need a good psychology and sociology review book because I didn't take psychology with thoughts of needing it for the MCAT. This book refreshed many of the principles and taught me many others. Book is easy to understand and the table of contents (I checked in great detail) has the same topics for psychology and sociology as listed by AAMC for the new MCAT. The book goes into detail but is well organized and clearly written. A nice balance between needed concepts and being understandable. The concepts I needed for the MCAT without extraneous content.

I am a post-bac at the Harvard Extension School. I graduated a few years ago as a biochemistry major and have been working in research for 2 years. I consider myself a strong student with a great foundation in the sciences needed for the MCAT. A few classmates of mine took the MCAT last year and recommended the Sterling Prep books. I used several of their products (along with some donated book from other publishers). The Sterling products are very comprehensive and covered the psychology and sociology component with great detail that was needed on test day. I just got my scores and I am very pleased with my preparation and the results that I was able to achieve. I recommend the books for the MCAT.

Ã  Buyer beware: high degree of overlap in various sections. It's as if different authors were hired to write separate sections of the same chapter, but they were never in communication with each other. While all information is clearly explained and accurate, there is poor content editing throughout the text. Those looking for evidence of my complaint can turn to pages 470, 485, and

487, where the concept of "social mobility" is defined three different times in the same chapter. These are not offhand references to the same concept: each time the text describes "social mobility", it dedicates several paragraphs to the task, as if it is the first time the reader will encounter it. This book provides you with excellent review 75% of the time, and wasteful overlap 25% of the time. If that's what you're looking for, fire away!

It had some relevant information but it had TONS of extraneous information that could be cut from the book. For instance it basically copies exactly what the DSM V says about psychological abnormalities including a lot of detailed diagnostic information that is way outside the scope of the MCAT. There were several times while reading this book that I felt like I was wasting time because it went into too much detail about something that doesn't seem important or should just be common sense.

Great MCAT content review for psychology and sociology. I did not have a strong foundation in these subjects when I started to prepare for the recent MCAT. This book covers all the psychology and sociology topics listed by AMCAS. I felt comfortable going into the exam and I applied several concepts I learned in the book. Great review book for MCAT psychology and sociology.

This book is well-written and easy to understand. It is a great refresher for topics that I haven't covered in over 3 years! I feel like this is far more helpful for psych/soci prep than Kaplan books are - can't quite comment on how it compares to TPR since I haven't gotten to the psych section in my TPR review book yet, but I will update that later. It's cheap and in depth. Can't recommend it enough!

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